

Western Slope Championships
2010 Time Standards

Girls			8&U	Boys		
LCM	SCM	SCY	Event	LCM	SCM	SCY
	0:30.69	0:27.59	25 Free		0:34.99	0:31.49
1:09.79	1:08.99	1:02.09	50 Free	1:20.89	1:20.09	1:12.19
2:20.29	2:18.69	2:04.99	100 Free	2:53.99	2:52.39	2:35.29
	0:33.09	0:29.79	25 Back		0:37.39	0:33.69
	0:41.69	0:37.49	25 Breast		0:45.59	0:41.09
	0:44.59	0:40.19	25 Fly		0:44.59	0:40.19
	2:47.39	2:30.79	100 IM		3:02.39	2:44.29

9-10/10&Under

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:44.69	0:43.89	0:39.49	50 Free	0:48.99	0:48.19	0:43.39
1:41.49	1:39.89	1:29.99	100 Free	1:49.69	1:48.09	1:37.39
3:51.19	3:47.99	3:25.49	200 Free	3:59.19	3:55.99	3:32.59
0:55.79	0:55.19	0:49.69	50 Back	1:01.29	1:00.69	0:54.59
2:05.09	2:03.89	1:51.59	100 Back	2:17.99	2:16.79	2:03.29
0:59.89	0:58.89	0:53.09	50 Breast	1:06.79	1:05.79	0:59.29
2:09.69	2:07.69	1:54.99	100 Breast	2:23.79	2:21.79	2:07.79
0:58.49	0:57.79	0:52.09	50 Fly	1:05.29	1:04.59	0:58.19
2:23.19	2:21.79	2:07.79	100 Fly	2:33.29	2:31.89	2:16.89
4:23.09	4:19.89	3:54.09	200 IM	4:29.79	4:26.59	4:00.19

11-12 & 12&Under

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:37.89	0:37.09	0:33.39	50 Free	0:44.59	0:43.79	0:39.49
1:28.69	1:27.09	1:18.49	100 Free	1:38.69	1:37.09	1:27.49
3:21.79	3:18.59	2:58.89	200 Free	3:38.59	3:35.39	3:14.09
7:16.69	7:10.29	8:09.19	400/500 Free	7:25.09	7:18.69	8:18.69
0:47.09	0:46.49	0:41.89	50 Back	0:55.19	0:54.59	0:49.19
1:46.59	1:45.39	1:34.89	100 Back	2:06.49	2:05.29	1:52.89
0:51.59	0:50.59	0:45.59	50 Breast	1:00.79	0:59.79	0:53.89
1:54.49	1:52.49	1:41.39	100 Breast	2:07.39	2:05.39	1:52.99
0:46.29	0:45.59	0:41.09	50 Fly	0:56.99	0:56.29	0:50.69
2:01.19	1:59.79	1:47.89	100 Fly	2:13.19	2:11.79	1:58.69
3:39.79	3:36.59	3:15.09	200 IM	3:55.09	3:51.89	3:28.89

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:35.69	0:34.89	0:31.39	50 Free	0:38.59	0:37.79	0:33.99
1:19.79	1:18.19	1:10.49	100 Free	1:24.99	1:23.39	1:15.09
3:06.89	3:03.69	2:45.49	200 Free	3:05.99	3:02.79	2:44.69
6:50.39	6:43.99	7:39.89	400/500 Free	6:34.69	6:28.29	7:22.29
29:53.29	29:29.29	29:18.09	1500/1650 Free	28:58.79	28:34.79	28:24.69
1:37.89	1:36.69	1:27.09	100 Back	1:41.39	1:40.19	1:30.29
3:34.69	3:32.29	3:11.29	200 Back	3:37.79	3:35.39	3:14.09
1:47.79	1:45.79	1:35.29	100 Breast	1:50.79	1:48.79	1:37.99
3:58.19	3:54.19	3:30.99	200 Breast	3:49.39	3:45.39	3:23.09
1:48.19	1:46.79	1:36.19	100 Fly	1:42.69	1:41.29	1:31.29
3:58.79	3:55.99	3:32.59	200 Fly	3:59.79	3:56.99	3:33.49
3:23.89	3:20.69	3:00.89	200 IM	3:25.99	3:22.79	3:02.79
7:44.89	7:38.49	6:52.99	400 IM	7:34.39	7:27.99	6:43.59

Open

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:34.09	0:33.29	0:29.99	50 Free	0:34.29	0:33.49	0:30.19
1:16.99	1:15.39	1:07.99	100 Free	1:10.79	1:09.19	1:02.29
2:55.69	2:52.49	2:35.39	200 Free	2:46.09	2:42.89	2:26.79
6:34.69	6:28.29	7:22.29	400/500 Free	6:01.29	5:54.89	6:44.79
28:51.79	28:27.79	28:17.79	1500/1650 Free	26:54.89	26:30.89	26:23.19
1:32.69	1:31.49	1:22.39	100 Back	1:29.39	1:28.19	1:19.49
3:18.99	3:16.59	2:57.09	200 Back	3:08.19	3:05.79	2:47.39
1:44.69	1:42.69	1:32.49	100 Breast	1:43.49	1:41.49	1:31.39
3:48.59	3:44.59	3:22.39	200 Breast	3:29.09	3:25.09	3:04.69
1:35.59	1:34.19	1:24.89	100 Fly	1:24.59	1:23.19	1:14.99
3:30.09	3:27.29	3:06.69	200 Fly	3:22.59	3:19.79	2:59.99
3:14.79	3:19.79	2:52.59	200 IM	3:07.09	3:03.89	2:45.69
7:14.59	7:08.19	6:25.79	400 IM	7:00.79	6:54.39	6:13.39