

2010 Snowflake Open

DATE: January 23 – 24, 2010

SANCTION: Held Under the sanction of United States Swimming, Inc #2010-015.

LOCATION: Mesa State College, Saunders Field Natatorium
Corner of 12th St. and Orchard Ave., Grand Junction, CO (970) 248-1058

FACILITIES: 8 lane, 25 yard pool, limited continuous warm up and cool down area. 500 bleacher on deck, 600 balcony. No smoking or glass containers in building. (The competitions course has not been certified in accordance with 104.2.2C (4).)

TIMING: Colorado Timing System with touch pads and 8-lane display board will be used for all events with the exception of 25 yard events, which will use stopwatches for times. Back-up timing will consist of two buttons and one stopwatch. Hy-Tek Meet Manager software will be used.

Format: Timed finals. Positive check in for distance events: 500 Free, 400IM, 1000 Free.
Fastest to slowest/ alt girls-boys for all distance events.

SCHEDULE: Saturday
Session I: Warm-up: 12:30 – 2:15 Start: 2:30
Session II: 10 minute warm-up after Session I

Sunday
Session I: Warm-up: 8:30 – 10:00 Start: 10:15

ELIGIBILITY: Open to all swimmers holding a 2010 USA Swimming Membership card. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card, or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply: \$27.00, plus the normal registration fee.

SCORING: Team score will be kept. No team awards will be given.

AWARDS: Participation and heat awards for 10 & Under swimmers only. Participation awards only for 11 & over swimmers.

RULES: The Western Slope teams have committed to providing a series of low cost meets for our swimmers this winter by setting fees at a level to recover meet costs, but not to make a large profit. In honoring our commitment to this goal, we have lowered our entry fees. In order to keep our costs lower, we have also elected not to award ribbons and medals at our meet, but to provide a participation award for each swimmer. We will be providing limited hospitality and concessions as well.

Current 2010 USA Rules will govern the format of the meet. Individual scratch rule will be enforced. All events are timed finals.

Age as of January 23, 2010 will determine the swimmer's age group. Exhibition swimming will not be allowed.

All entries must include times or "NT". Submit short course yard times only.
The meet will be pre-seeded. Please provide scratches and relay declarations 30 minutes before each session.

500 and 1000 Free swimmers will be required to provide a counter and 2 timers. This event requires positive check-in 60 minutes prior to the start of the race, and will be swum fastest to slowest alternating girls then boys, with a combined heat possible at the discretion of the referee.

8&Unders will be starting from the blocks in the 25 yard races. We will be using watch times for these events.

Colorado Swimming, Inc. warm-up procedures will be observed.

We anticipate appropriate numbers for a well-run, 4 hour, 1 session per day meet. We reserve the right to change the format to two sessions per day should the number of entries warrant such a change. The meet director reserves the right to reorganize the session to accommodate the 4 hour rule.

The meet referee will have the final authority on all procedures regarding the conduct of the meet. The referee may combine individual events by age, sex, and/or distance. All coaches and uniformed officials must display their USA/CSI cards when on deck. Current certification is mandatory. Coaches who are in noncompliance will not be allowed on deck.

ENTRIES: All swimmers may swim 4 individual events and 1 relay per day.

ENTRY FEES: \$2.75 per event. (\$.60 of each individual event goes to the CSI support fund) \$5.00 per relay. \$7:50 pool surcharge. Make checks payable to Grand Junction Dolphins.

ENTRY PROCEDURE:

E-mail entries are preferred, OR submit a Hy-Tek COMMLINK FILE on a 3.5" diskette or CD. "NO TIME" or incorrect times will be placed in the slowest heat. Times for all events should be in short course yards. A current Colorado Swimming Meet Verification Form must accompany all entries.

Email Entries: Email entries to Carrie Walton at cwalton41@yahoo.com.

When you email the entries, also attach a Word or .pdf document of the Hy-Tek Meet Entry Report by swimmer. If you don't receive an email confirmation your entries were not received. Confirmed e-mailed entries will not need to send the diskette or Entry Reports. For mailed entries, please send Team Manager report of meet entries by swimmer, along with the diskette/CD, fee report, Meet Verification Form and payment. Other entries must be on CSI master sheets (2 copies) with swimmer's name, USA number, age, event number and entry time in short course meters or "NT". AN ADDITIONAL FEE OF 25 CENTS PER INDIVIDUAL EVENT WILL BE CHARGED FOR ENTRIES SUBMITTED IN THIS MANNER. All entries must be sent to the entry chairman. If sending Overnight mail, please **waive the signature**. DO NOT SEND ENTRIES TO THE POOL.

Send to: Carrie Walton, 532 Swan Lane, Grand Junction, CO 81507
Cwalton41@yahoo.com; 970-241-2333

ENTRY DEADLINE:

Entries must be delivered via email or snail mail by **6:00 p.m., Monday, January 18, 2009.**

DECK ENTRIES: The meet will be pre-seeded and deck entries will be accepted only for open lanes. No new heats will be created. You may deck enter beginning at the start of each session's warm-ups. Deck entries will close 30 minutes before the start of each session.

The deck entry fee is \$5.00 per event. Relay deck entry fees are \$10.00 per relay. Swimmers not previously entered in the meet must present their USA swimming registration card at Clerk of Course to be able to deck enter.

PROGRAMS & CONCESSIONS: Programs will be available for \$4.00. Heat sheets will be provided at no cost to coaches and officials. Concessions will be available throughout the meet.

RESULTS: Results (full team manager backup) will be emailed within 5 days to teams entered in the meet. If time and equipment permit, results may be available at the end of the meet on diskette (Bring your own formatted diskette). No paper copies of results will be generated unless requested by a coach.

REFEREE: Elaine Gerson
970-925-4638
emgerson@yahoo.com

MEET DIRECTOR: Michelle Bridwell
970-314-2264
michellebridwell@bresnan.net

SAFETY DIRECTOR: Jim Fisher
970-858-1518
famfirst@acsol.net

Entry Chair: Carrie Walton
970-241-2333
Cwalton41@yahoo.com

Sessions and Events

Saturday January 23, 2010

Sunday January 24, 2010

Session I:			Session III:		
Girls	Event Description	Boys	Girls	Event Description	Boys
1	10 Under 100 Free	2	39	OPEN 200 Breast	40
3	11 Over 100 Free	4	41	10 Under 50 Free	42
5	8 Under 25 Breast	6	43	11 Over 50 Free	44
7	12 Under 50 Breast	8	45	8 Under 100 IM	46
9	11 Over 100 Back	10	47	12 Under 100 IM	48
11	OPEN 200 IM	12	49	OPEN 200 Free	50
13	12 Under 200 IM	14	51	9-10 100 Breast	52
15	8 Under 25 Back	16	53	11 Over 100 Breast	54
17	12 Under 50 Back	18	55	9-10 100 Back	56
19	8 Under 25 Fly	20	57	8 Under 25 Free	58
21	9-10 100 Fly	22	59	12 Under 50 Fly	60
23	11 Over100 Fly	24	61	OPEN 200 Fly	62
25	OPEN 200 Back	26	63	8 Under 100 Medley Relay	64
27	8 Under 100 Free Relay	28	65	12 Under 200 Medley Relay	66
29	12 Under 200 Free Relay	30	67	OPEN 400 Medley Relay	68
31	OPEN 400 Free Relay	32			
	15 min warm-u[
Session II:					
33	OPEN 400 IM	34	69	OPEN 500 Free	70
35	12 Under 500 Free	36			
37	OPEN 1000 Free	38			