

**The Fourth Annual FCAT-Towaoc  
Spirit of Christmas  
Invitational Swim Meet  
December 18-20, 2009  
Towaoc, CO**

- SPONSOR:** Four Corners Aquatic Teams
- SANCTION:** Held under sanction of USA Swimming, Inc. and Colorado Swimming, Inc. Sanction # 2009-120
- DISCLAIMER:** USA Swimming, Inc., Colorado Swimming, Inc., the Ute Mountain Ute Tribe, and all meet officials shall be held free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.
- VENUE:** The Spirit of Christmas Swim Meet will be held on the Ute Mountain Ute Tribe Indian Reservation in Towaoc, CO. Competition will take place in the Recreation Center Indoor 25M 6 Lane Pool. (This facility has not been certified for records in accordance with USA Swimming requirements under 104.2.2C(4). There are separate male and female locker rooms with rest room facilities. Free parking is available.
- MEET PERSONNEL:** director – Robert Roybal                      entries - Pete DuMont  
referee - John Lorimer                      safety – Nick Traweek
- TIMING:** A Colorado Timing and Scoring System will be used.
- DIRECTIONS:** The Ute Mountain Ute Tribe Indian Reservation is easily located. Towaoc, the southwestern-most town in the state of Colorado, rests on Hwy. 160 approximately 15 miles due south of Cortez. Simply turn by the Ute Mountain Travel Center and drive up the hill. The Recreation Center parking lot is on the left immediately after negotiating a small s-curve around the Tribal Complex.
- ELIGIBILITY:** Competitors must be 2009 or 2010 USA Swimming registered. All swimmers registered with USA Swimming are eligible to compete. Swimmers are restricted to **FIVE (5)** individual events and **ONE (1)** relay per day. Swimmers may swim in only one age group per event. 8 & Unders may swim and score points in 10 & Under events if the event is not offered in their age group. The swimmer's age as of December 18, 2009 shall be used to determine the age

group for competition. It is a violation of USA Swimming rules to enter an unregistered swimmer and such an entry could result in a fine.

Swimmers on the CSI exceptions report must be prepared to show their card, or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply, \$27 for year round, \$14 for seasonal, plus the normal registration fee.

Coaches will be asked to display current USA Swimming registration cards. **USA SWIMMING MEMBERSHIP AFFIDAVIT MUST BE SIGNED AND RETURNED ALONG WITH ENTRIES.**

**ENTRIES:** Please submit all entries on the entry forms attached. One form is required for each participating swimmer. If a HY-TEK entry disk is used, please include a hard copy of the entries. HY-TEK entries on disk or email are strongly urged. Email entries to: pdumont@utemountain.org.

**ENTRY FEES:**

Individual events:	\$3.00 per event (includes Colorado Swimming \$.60 surcharge)
Relays:	\$5.00 per relay
Pool Usage Fee:	\$5.00 per swimmer

Charge for Non-Hytek entries = \$30 (for teams of 10 or more swimmers).

Relays may be deck entered, but must be paid for by the end of Session V in order to receive awards.

**DECK ENTRIES:** \$5.00 per individual event. Deck entries will be accepted only where lanes are available. New heats will not be created for deck entries. Deck entries must be completed 30 minutes prior to the start of each session. Anyone deck entering that is not already entered in the meet must show proof of current USA Swimming registration. **LATE ENTRIES MUST BE PAID FOR AT TIME OF ENTRY.**

**ENTRY DEADLINE:** Swimmer entry forms, email entries, or HY-TEK disk with printed hard copy, Membership Affidavit and entry fees must be postmarked by **December 14, 2009**. Please make team checks payable to the Ute Mountain Ute Tribe. Entries are limited to the first **350** swimmers. Please call or email to confirm receipt of entries. Email entries to pdumont@utemountain.org.

Mail entries, c/o Pete DuMont  
Ute Mountain Recreation Center  
PO Box 19

Towaoc, CO 81334

**WARM-UP:** CSI mandatory warm-up procedure will be in effect throughout warm-up times. All swimmers must be supervised by a coach member of USA Swimming during all warm-up sessions.

**SCORING & AWARDS:** Awards will be given as follows:

Individual events:	1 – 12
Relays:	1 – 6
Individual and Runner-up	
High Point:	*1 + 2
Team:	winner only

Awards will be given in the following age groups: Open, 13 & 14, 11 & 12, 9 & 10, and 8 & Under.

\*As a special feature, this year's High Point and Runner-up High Point awards in all age-groups will be authentic and unique pieces of Ute Mountain pottery.

**RULES:** 2009 USA Swimming and CSI rules will govern this meet.

**RESTRICTIONS:** FCAT-Towaoc and the Ute Mountain Ute Tribe prohibits smoking or use of other tobacco products on the pool deck, in the changing rooms, in spectator seating and in all areas used by swimmers during the course of this meet, including the gymnasium. No glass containers will be allowed anywhere inside the Ute Mountain Recreation Center Pool.

**CONCESSIONS:** Concessions will be available throughout the meet.

**LODGING, FOOD, ENTERTAINMENT:** The Ute Mountain Ute Tribe is happy and proud to invite all swimmers and their families to take advantage of the hospitality available at our Hotel, Resort, Restaurant and Casino.

**FCAT-Towaoc Spirit of Christmas  
Schedule of Events**

**\*Session I – Friday, December 18, 2009**

**Warm-up: 4:00 p.m.**

**Start: 5:00 p.m.**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
1	8 & Under 200M Free	2
3	9 & 10 400M Free	4
5	11 & 12 400M Free	6
7	13 & 14 400M Free	8
9	Open 400M Free	10

**FCAT-Towaoc Spirit of Christmas  
Schedule of Events  
\*Session II – Saturday, December 19, 2009**

**Warm-up: 8:00 a.m.**

**Start: 9:00 a.m.**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
11	8 & Under 100M IM	12
13	9 & 10 100M IM	14
15	11 & 12 200M IM	16
17	13 & 14 200M IM	18
19	Open 200M IM	20
21	8 & Under 25M Back	22
23	9 & 10 50M Back	24
25	11 & 12 50M Back	26
27	13 & 14 100M Back	28
29	Open 100M Back	30
31	8 & Under 50M Breast	32
33	9 & 10 100M Breast	34
35	11 & 12 100M Breast	36
37	13 & 14 200M Breast	38
39	Open 200M Breast	40
41	8 & Under 25M Fly	42
43	9 & 10 50M Fly	44
45	11 & 12 50M Fly	46
47	13 & 14 100M Fly	48
49	Open 100M Fly	50
51	8 & Under 50M Free	52
53	9 & 10 100M Free	54
55	11 & 12 100M Free	56
57	13 & 14 200M Free	58
59	Open 200M Free	60
61	10 & Under 200M Medley Relay	62
63	11 & 12 200M Medley Relay	64
65	13 & 14 400M Medley Relay	66
67	Open 400M Medley Relay	68

**FCAT-Towaoc Spirit of Christmas  
Schedule of Events  
\*Session III – Sunday, December 20, 2009**

**Warm-up: 7:30 a.m.**

**Start: 8:30 a.m.**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
69	8 & Under 25M Free	70
71	9 & 10 50M Free	72
73	11 & 12 50M Free	74
75	13 & 14 100M Free	76
77	Open 100M Free	78
79	8 & Under 25M Breast	80
81	9 & 10 50M Breast	82
83	11 & 12 50M Breast	84
85	13 & 14 100M Breast	86
87	Open 100M Breast	88
89	8 & Under 50M Fly	90
91	9 & 10 100M Fly	92
93	11 & 12 100M Fly	94
95	13 & 14 200M Fly	96
97	Open 200M Fly	98
99	8 & Under 50M Back	100
101	9 & 10 100M Back	102
103	11 & 12 100M Back	104
105	13 & 14 200M Back	106
107	Open 200M Back	108
109	10 & Under 200M Free Relay	110
111	11 & 12 200M Free Relay	112
113	13 & 14 400M Free Relay	114
115	Open 400M Free Relay	116

\*The Meet Director reserves the right to split the Sessions into AM and PM should the number of competitors warrant such a change. A new split Session schedule would not exceed 200 swimmers. Should this occur, the Meet Director will notify all team representatives of the change and relay the new split Session schedule.

**2009 FCAT-Towaoc Spirit of Christmas  
Invitational Swim Meet  
December 18–20, 2009**

**INDIVIDUAL ENTRY FORM**

SWIMMER'S NAME: \_\_\_\_\_

TEAM: \_\_\_\_\_

USA# \_\_\_\_\_ SEX: \_\_\_\_\_ AGE: \_\_\_\_\_

EVENT#	CIRCLE DISTANCE	CIRCLE STROKE	ENTRY TIME
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____
_____	25 50 100 200 400	FREE BK BR FLY IM	_____

TOTAL NUMBER OF EVENTS \_\_\_\_\_ x 3.00 = \_\_\_\_\_

SWIMMER SURCHARGE/POOL FEE \$ 5.00

TOTAL FEES \_\_\_\_\_

**Team Entry Form/ Affidavit**

**TOTAL NUMBER OF ENTRIES** \_\_\_\_\_ **X \$3.00 =** \_\_\_\_\_

**TOTAL NUMBER OF SWIMMERS** \_\_\_\_\_ **X \$5.00 =** \_\_\_\_\_

**TOTAL NUMBER OF RELAYS** \_\_\_\_\_ **X \$5.00 =** \_\_\_\_\_

**TOTAL =** \_\_\_\_\_

**\*MAKE CHECKS PAYABLE TO: Ute Mountain Ute Tribe**

**I, THE UNDERSIGNED, STATE THAT ALL ATHLETES ENTERED IN THIS MEET UNDER MY TEAM ARE CURRENTLY REGISTERED WITH USA SWIMMING.**

\_\_\_\_\_  
**(Coach or Team Registrar)**

\_\_\_\_\_  
**Date**