

COLORADO SWIMMING, INC.

BOARD OF DIRECTORS

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3RD VICE CHAIRMAN

AGE GROUP DIVISION CO CHAIRMAN

| | |
|--|--|
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JUNIOR FEMALE ATHLETE REPRESENTATIVE

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970-243-0438

zone 5
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/TREASURER**
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STANDING COMMITTEES OF THE BOARD

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BOARD OF REVIEW

Regular Members

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Linda Seckinger 970-454-3697
Tanner Krall 719-647-0540
Larry Greene 719-532-1384
Paige Quigley 303-791-8248

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Andy Niemann 303-693-1252
Scott Allen 970-430-9595
Rockie Fry 970-874-3028

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Ken Ebuna - Chairman

Andy Niemann Brogan Barr
Kathleen Morris Todd Schmitz
Shawn Smith Kathy Howard

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719-265-9049

Summer Club

Terry Martinez
1885 Manning Way
Colo Springs, CO 80919
t@martinezcollective.net
719-268-1885

BOUNDARIES OF THE FIVE CSI ZONES

- zone 1** Bounded on the west by the Continental Divide, north by the Colorado -Wyoming - Nebraska state line, east by the Colorado - Nebraska state line, and south by an east/west line passing just north of Boulder.
- zone 2** Bounded on the west by the Continental Divide, north by an east/west line passing just north of Boulder, east by the Colorado - Kansas state line, and south by an east/west line passing just south of Castle Rock.
- zone 3** Bounded on the west by the Continental Divide (includes Monte Vista and Alamosa), north by an east/west line passing just south of Fort Carson (includes Canon City and Salida), east by the Colorado - Kansas state line, and south by the Colorado - New Mexico state line.
- zone 4** Bounded on the east by the Continental Divide (excludes Monte Vista and Alamosa), north by the Colorado - Wyoming state line, east by the Colorado - Utah state line, and south by the Colorado - New Mexico state line.
- zone 5** Bounded on the west by the Continental Divide, north by an east/west line passing south of Castle Rock, east by the Colorado - Kansas state line, and south by an east/west line passing just south of Fort Carson (excludes Canon City and Salida).

LEAGUE SWIMMING

NORTHERN COLORADO

REPRESENTATIVE: Linda Seckinger
5 Cherry Ave
Eaton, CO 80615
970-454-3697
LSeckinger@aol.com

Northern Colorado District is composed of year-round and summer club teams. The main purpose of the District is to promote competitive swimming among member's teams. The District also provides modest financial support for District swimmers who compete in Zone and National championship competitions. The District hosts a winter championship meet and summer championship meets for 8 & Under's and for two ability levels of older swimmers.

MEMBER CLUBS

Brighton Bullfrogs, Broomfield Barracudas, Eaton Red Waves, Estes Park Swim Club, Fort Collins Area Swim Team, Longmont Swim Club, Loveland Swim Club, Marlin Swim Team, Team Vortex, and Valley Swim Team

SUBURBAN SWIM LEAGUE

REPRESENTATIVE: Ken Kelley
6464 Holland Cir
Arvada, CO 80004
303-421-4256

Suburban League is composed of teams mostly within the Denver Metro area. Suburban League was formed for the purpose of improving Colorado competitive swimming. Currently, this league offers developmental meets at the novice, B, A, and AA levels, as established by USA. In addition to the developmental meets, a short course special events meet and a championship meet for League members is offered annually. An 8 & Under meet is also held. Dual meets are scheduled by member clubs on an individual basis. Fees collected from all league meets are used to promote swimming.

Suburban League also supports the League's national qualifiers on a pro-rated share according to funds available.

MEMBER CLUBS

ACES Swim Club, Broomfield Barracudas, Boulder Swim Team, Colorado Rapids, Colorado Wave, Colorado Swim Academy, Evergreen Swim Team, Foothills Swim Team, Denver Dukes, Highlands Ranch Aquatics, Mission Aurora Colorado Swimming, North Jeffco, and University of Denver Hilltoppers.

SOUTHEASTERN SWIM LEAGUE

REPRESENTATIVE: Kathy Howard
2 Reservoir Rd
Pueblo, CO 81005
(H) 719-561-1316
jjkhhoward@yahoo.com

Southeastern Colorado Aquatics League was established in 1960. SECAL represents 7 seasonal teams and 3 year-round clubs. The purpose of the League is to promote and develop competitive swimming Southern Colorado. Meets are available for all members at all levels throughout the summer competitive season. SECAL sponsors a Championship meet annually.

MEMBER CLUBS

Canon City Swim Team, Colorado City Swim Team, La Junta Tigersharks, Lamarlins Swim Team, Las Animas Trofins, Pueblo County Swim Team, Pueblo Swim Club, Pueblo West Swim Team, Rocky Ford Blue Marlins, and Salida Cyclones.

WESTERN SLOPE

REPRESENTATIVE: Dale Leonhart
125 Columbine Dr
Grand Junction, CO 81507
(E) imflbkbrfr@bresnan.net
(H) 970-243-0438

Colorado's Zone IV is composed of Teams on the Western Slope of the state, and covers the largest area of the 5 zones in the state. We have 19 teams of which 8 are year around teams and 12 are summer clubs. Most of our meets are in the summer when there are approximately 14 meets to choose from during June and July. In addition we host 2 to 4 winter meets and have hosted all levels of state meets, including JO's and Division I Championships. We have a Western Slope Championship meet each summer. Our swimmers range from novice through Sr. National qualifiers. We have swimming, coaching, and official's clinics during the course of every year. We also have the Western Slope League with in our Zone IV, a member league that includes the Four Corner Aquatic Team from New Mexico. Not all Zone IV clubs are members of the Western Slope League.

MEMBER CLUBS

Aspen Speedos, Cortez Leopard Sharks, Craig Sea Sharks, Delta Barracudas, Durango Swim Club, Grand Junction Dolphins, Grand Valley Wave, Gunnison Stingrays, Montrose Marlins, Ouray Swim Club, Pagosa Lakes Porpoises, Rangely Hurricanes, Steamboat Springs Swimming, Sopris Barracudas, and Telluride Torpedoes.

PIKES PEAK LEAGUE

REPRESENTATIVE: Terry Martinez
1885 Manning Way
Colorado Springs, CO 80919
terry@martinezcollective.net
(H) 719-268-1885

Pikes Peak Swim League (PPSL) was established to promote and encourage year-round interest in all amateur aquatic sports. PPSL provides year-round opportunities for developing local amateur aquatics through, City Championship swim meet as well as summer club competition during the summer season recognizing the need to improve the over all quality of amateur aquatic programs.

MEMBER CLUBS

Colorado Springs Racquet Club, Colorado Springs Swim Team, Platt Swim Club, Rockrimmon, and Valley Swim Club.

MOUNTAIN SWIM LEAGUE

REPRESENTATIVE: Anthony Boettcher
2803 Parker St
Colorado Springs, CO 80907
unaboettcher@msn.com
719-210-8047

The Mountain Swim League was established to promote and encourage year-round interest in all amateur aquatic sports. MSL provides year-round opportunities for developing local amateur aquatics through novice level meets, relay and distance meets, and A and B Championship swim meets.

MEMBER CLUBS

Cheyenne Mountain Aquatics, Colorado Springs Swim Team, Colorado Torpedoes, Falfins Swimming, Pueblo Swim Club, Pueblo County Swim Team, Rocky Mt. Rapids, Village Seven Swim Team, and Woodmoor Waves.

YEARLY AWARDS

UNITED STATES SWIMMING OUTSTANDING SERVICE AWARD

The Outstanding Service Award was established in 1981 to recognize the invaluable contribution of the volunteer service to United States Swimming. The award, sponsored by the Phillips Petroleum Company, is presented annually to an honoree named by each Local Swimming Committees. Selection criteria considers quality, level and years of volunteer service in elected or appointed positions from among the categories of official, administrator and coach.

United States Swimming and Phillips Petroleum Company take great pride in honoring the role of the volunteer as an important investment in the future of all swimming athletes and the growth of the programs they serve to represent.

Volunteers have been the heart and strength of American swimming, and their special gifts of time, talent and devotion of local swimming programs make United States Swimming what it is today

| | | | |
|------|---------------------------------------|------|----------------------------------|
| 1981 | Rex Abelein | 1982 | Patricia A. (Patt) Wall |
| 1983 | Gay Barnes | 1984 | Helen (Huey) Burk |
| 1985 | Jody Lane | 1986 | Colonel Eugene Santala (Retired) |
| 1987 | William T. (Bill) Greer | 1988 | Oscar & Vikki Elmore |
| 1989 | Scottie Aschermann | 1990 | Marge Sauer |
| 1991 | Joyce Carlson | 1992 | John Boettiger |
| 1993 | Debbie Lawrence | 1994 | Jeff Masterson |
| 1995 | John Lorimer and Peter Fillmore | 1996 | Glenn Ebuna and Dale Leonhart |
| 1997 | Ken Ebuna | 1998 | Ken Kelley |
| 1999 | Hale Adams | 2000 | Anthony Boettcher |
| 2001 | Greg Parsons | 2002 | John Lorimer |
| 2003 | Anthony Boettcher & Catherine Niemann | 2004 | Glenn Ebuna and Rose Rook |
| 2005 | Linda Eaton | 2006 | Carmen Babcock |
| 2007 | Alice Coffman | 2008 | Suzi King |

PATT WALL OUTSTANDING OFFICIALS AWARD

This award was established in 1990 to honor Patt Wall, who has devoted many years to the sport of swimming in Colorado and on the national level as well. Each year the recipient of this award will be chosen by CSI to recognize an official who has served on local, state, and national levels.

| | | | |
|------|--|------|-----------------------------|
| 1990 | Patt Wall | 1991 | Joan & George Zuments |
| 1992 | Skip MacLaughlin | 1993 | Dick Miller |
| 1994 | Mike Gogola | 1995 | Ladis Amatulli |
| 1996 | Jim Young | 1997 | Cora Lee McIntyre |
| 1998 | Linda Eaton | 1999 | Alice Coffman |
| 2000 | Margi Sauer | 2001 | Larry Greene & Gary Hinaman |
| 2002 | Kathy Krohn | 2003 | John Lorimer |
| 2004 | Michael Joos | 2005 | Robert Eddy |
| 2006 | Kathleen Morris, Sue Lorimer & Jeff Flower | 2007 | Linda Seckinger |
| 2008 | Wayne Sherman | | |

FEMALE SWIMMER OF THE YEAR

| | | | |
|------|--------------------------------|------|--|
| 1989 | Heather Chapple | 1990 | Amy Van Dyken |
| 1991 | Laura Yenglin | 1992 | Laura Yenglin |
| 1994 | Amy Van Dyken | 1995 | Courtney Allen |
| 1996 | Elizabeth Barger | 1997 | Brianna Loecher |
| 1998 | B. J. Bedford | 1999 | Annie Stein |
| 2000 | Brianna Loecher | 2001 | Anna Trinidad |
| 2002 | Sarah Fischer | 2003 | Sarah Fischer, Courtney Iverson & Jessica Rodriguez |
| 2004 | Madeline Rovira | 2005 | Kristen Lahey |
| 2006 | Caitlin Iverson | 2007 | Ellie Freeman |
| 2008 | Ellie Freeman & Missy Franklin | | |

MALE SWIMMER OF THE YEAR

| | | | |
|------|----------------|------|--------------------------------|
| 1989 | Josh Delcore | 1990 | Marty Harrison |
| 1991 | Matt Eisenhuth | 1992 | Rob Putnam |
| 1994 | Matt Cole | 1995 | Matt Cole |
| 1996 | Jay Schryver | 1997 | Tyler Painter |
| 1998 | Luke Wagner | 1999 | Luke Wagner and Jeremiah Heath |
| 2000 | Luke Wagner | 2001 | Luke Wagner |
| 2002 | Nate Rothman | 2003 | Agustin Magruder |
| 2004 | Chris Good | 2005 | Chris Good |
| 2006 | Mark Dylla | 2007 | Mark Dylla |
| 2008 | Rob Newell | | |

ADAPTIVE SWIMMER OF THE YEAR

| | | | |
|------|---------------|------|---------------|
| 2002 | Sarah Castle | 2003 | Sarah Hunt |
| 2004 | Erin Popovich | 2006 | Erin Popovich |
| 2008 | Erin Popovich | | |

SEASONAL ATHLETE OF THE YEAR

| | | | |
|------|---------------------------------|------|----------------|
| 2002 | Mackenzie Morgan | 2003 | Veronica Ray |
| 2004 | Tristan Cross | 2005 | Jenna Garofalo |
| 2006 | Beth Ruminski | 2007 | Karoline Fry |
| 2008 | Jessie Garbesi & Kim Schemahorn | | |

COACH OF THE YEAR

| | | | |
|------|--------------------------|------|-----------------|
| 1989 | Mike Doane | 1990 | Eric Craven |
| 1991 | Jack Yasutake | 1992 | Ken Ebuna |
| 1993 | Tom Johnson | 1994 | Lynn Painter |
| 1995 | Mike Doane | 1996 | Jorge Fernandez |
| 1997 | Mike Doane & Eric Craven | 1998 | Eric Craven |
| 1999 | Jon Beber | 2000 | Jorge Fernandez |
| 2001 | Greg Winslow | 2002 | Andy Niemann |
| 2003 | Jorge Fernandez | 2004 | Brett Stoyell |
| 2005 | Jim Nickell | 2006 | Matt Beck |
| 2007 | Brett Stoyell | 2008 | Andy Niemann |

AGE-GROUP COACH OF THE YEAR

| | | | |
|------|--|------|-------------------|
| 1993 | Marc Collings | 1994 | Jim Richey |
| 1995 | Liz Miller | 1996 | Tiffany Forbes |
| 1997 | Caroline Di Domenico | 1998 | Anthony Boettcher |
| 1999 | Tori Eubanks | 2000 | Catherine Niemann |
| 2001 | Russ Marsh | 2002 | Catherine Niemann |
| 2003 | Tim & Kathy Howard & Anthony Boettcher | 2004 | Chris Koerber |
| 2005 | Anthony Boettcher | 2006 | Ross Hedrick |
| 2007 | Nancy Richey | 2008 | Todd Schmitz |

SUMMER CLUB COACH OF THE YEAR

| | | | |
|------|--------------------|------|--------------------------------|
| 1990 | Howard Jay | 1991 | Pam Larson |
| 1992 | Kim Welty | 1993 | James Vorhies |
| 1994 | Scott Barnett | 1995 | Scott Barnett & Mike Harkrider |
| 1996 | Scott Barnett | 1997 | Kristin Watson & Greg Winslow |
| 1998 | John Skip Caldwell | 1999 | Vivian Green |
| 2000 | Brent Moore | 2001 | Mike Rook |
| 2002 | Brock Hinkhouse | 2003 | Scott Newell |
| 2004 | Roger Pugh | 2005 | Melissa Kralik |
| 2006 | Linda Hollingshead | 2007 | Roger Pugh |
| 2008 | Steve Williams | | |

PAST GENERAL CHAIRMAN OF COLORADO SWIMMING, INC.

| | | | |
|------|----------------------|------|-------------------------|
| 1982 | Helen (Huey) Burk | 1984 | Elnora (Ellie) Gilfoyle |
| 1985 | William (Bill) Greer | 1988 | Scottie Aschermann |
| 1991 | Al Jarrell | 1996 | John Matthey |
| 1997 | Hale Adams | 2001 | Larry Greene |
| 2005 | Ken Ebuna | | |

DUES AND FEES

Annual Club and Organization Dues:

| | |
|---|----------|
| Season 1 Club (April 1 - August 28) | \$ 95.00 |
| Season 2 Club (August 31 – December 31) | |
| (If registered as season 1 \$40.00, \$95.00 if only season 2) | |
| Year Round Club (January 1 - December 31) | |
| Paid before December 1 st | \$125.00 |
| Paid after December 1 st | \$200.00 |

Annual Athlete Registration Dues:

| | |
|---|----------|
| Season 1 Athlete (April 1 - August 28) | \$ 30.00 |
| Season 2 Athlete (August 31- December 31) | \$ 30.00 |
| Year Round (January 1 - December 31) | \$ 55.00 |
| Outreach (On the free or reduced lunch program) | \$ 5.00 |
| Transfers | \$ 5.00 |

Annual Non-Athlete Dues:

| | |
|--------------------------------------|----------|
| Individual (January 1 - December 31) | \$ 55.00 |
| Family (January 1 - December 31) | \$ 97.50 |

CSI Fees:

| | |
|---|----------|
| Surcharge for sanction meets (per individual event) | \$.60 |
| Sanction (per meet) | |
| 60 Days prior to meet | \$ 75.00 |
| 40-59 Days prior to meet | \$200.00 |
| Dual and Tri Meets | \$ 20.00 |
| Approval USA Dual and Tri | \$ 20.00 |
| Approval Non USA Dual and Tri | \$ 35.00 |
| Approval USA Championship and Invitational | \$ 50.00 |
| Approval Non USA Championship and Invitational | \$ 75.00 |
| Group Sanction (Leagues only) | \$ 50.00 |
| Group Sanction (Leagues only) Championships and Invitational | |
| 60-30 Days prior to meet | \$ 25.00 |
| 29-15 Days prior to meet | \$100.00 |

**STANDARD CONVERSION FORMULAS
SHORT COURSE YARDS TO LONG COURSE METERS**

50's

| | |
|--------------|---|
| Butterfly | (Meters Time) = (Yards Time) x 1.11 + 0.7 sec |
| Backstroke | (Meters Time) = (Yards Time) x 1.11 + 0.6 sec |
| Breaststroke | (Meters Time) = (Yards Time) x 1.11 + 1.0 sec |
| Freestyle | (Meters Time) = (Yards Time) x 1.11 + 0.8 sec |

100's

| | |
|--------------|---|
| Butterfly | (Meters Time) = (Yards Time) x 1.11 + 1.4 sec |
| Backstroke | (Meters Time) = (Yards Time) x 1.11 + 1.2 sec |
| Breaststroke | (Meters Time) = (Yards Time) x 1.11 + 2.0 sec |
| Freestyle | (Meters Time) = (Yards Time) x 1.11 + 1.6 sec |

200's

| | |
|--------------|---|
| Butterfly | (Meters Time) = (Yards Time) x 1.11 + 2.8 sec |
| Backstroke | (Meters Time) = (Yards Time) x 1.11 + 2.4 sec |
| Breaststroke | (Meters Time) = (Yards Time) x 1.11 + 4.0 sec |
| Freestyle | (Meters Time) = (Yards Time) x 1.11 + 3.2 sec |
| Ind. Medley | (Meters Time) = (Yards Time) x 1.11 + 3.2 sec |

400's

| | |
|-------------|---|
| Ind. Medley | (Meters Time) = (Yards Time) x 1.11 + 6.4 sec |
|-------------|---|

(Short course yards to short course meters: multiply by 1.11)

LONG COURSE METERS TO SHORT COURSE YARDS / = Division sign

50's

| | |
|--------------|---|
| Butterfly | (Yards Time) = (Meters Time – 0.7 sec) / 1.11 |
| Backstroke | (Yards Time) = (Meters Time – 0.6 sec) / 1.11 |
| Breaststroke | (Yards Time) = (Meters Time – 1.0 sec) / 1.11 |
| Freestyle | (Yards Time) = (Meters Time – 0.8 sec) / 1.11 |

100's

| | |
|--------------|---|
| Butterfly | (Yards Time) = (Meters Time – 1.4 sec) / 1.11 |
| Backstroke | (Yards Time) = (Meters Time – 1.2 sec) / 1.11 |
| Breaststroke | (Yards Time) = (Meters Time – 2.0 sec) / 1.11 |
| Freestyle | (Yards Time) = (Meters Time – 1.6 sec) / 1.11 |

200's

| | |
|--------------|---|
| Butterfly | (Yards Time) = (Meters Time – 2.8 sec) / 1.11 |
| Backstroke | (Yards Time) = (Meters Time – 2.4 sec) / 1.11 |
| Breaststroke | (Yards Time) = (Meters Time – 4.0 sec) / 1.11 |
| Freestyle | (Yards Time) = (Meters Time – 3.2 sec) / 1.11 |
| Ind. Medley | (Yards Time) = (Meters Time – 3.2 sec) / 1.11 |

400's

| | |
|-------------|---|
| Ind. Medley | (Yards Time) = (Meters Time – 6.4 sec) / 1.11 |
|-------------|---|

Example: If a time for 100 m. Fly is 1:11.40, then the time for 100 yds would be (1:11.40 – 1.4 sec) / 1.11 = (70/1.11) = 63.06 sec = 1:03.06

(Long course meters to short course meters: just subtract seconds)

CONVERSION FOR DISTANCE EVENTS

400/800 meters (long course) converts to 500/1000 yards by dividing meter time by .8925 = yard time. Example: 4:36 (276 / .8925 = 309.24 sec) = 5:09.24 for yards.

1500 meters (long course) converts to 1650 yards by dividing meter time by 1.02.
Example: 20:00 (1200 / 1.02 = 1176.47 sec.) = 19:36.47 yards

500/1000 yards converts to 400/800 meters (long course) by multiplying by .8925 = meter time.
Example: 5:09.24 (309.24 x .8925 = 276 sec.) = 4:36 for 400 meters.

1650 yards converts to 1500 meters (long course) by multiplying by 1.02.
Example: 19:36.47 (1176.47 x 1.02 = 1200 sec.) = 20:00 for 1500 meters.

TO CONVERT LONG COURSE METERS TO SHORT COURSE METERS USE THE FOLLOWING FORMULAS FOR DISTANCE EVENTS:

- 400 Freestyle – long course time minus 6.4 seconds = short course time
- 800 Freestyle – long course time minus 12.8 seconds = short course time
- 1500 Freestyle – long course time minus 24.0 seconds = short course time

ALTITUDE ADJUSTMENT

Time achieved at an altitude of 3,00 feet or above may be adjusted as follows for designated meets:

| Event Distance | Time Adjustment | | |
|-----------------------|------------------------|----------------------|-----------------------|
| | <u>3000-4250 ft.</u> | <u>4251-6500 ft.</u> | <u>Above 6500 ft.</u> |
| 200 | .50 sec | 1.20 sec | 1.60 sec |
| 400 or 500 | 2.50 sec | 5.00 sec | 7.00 sec |
| 800 Free Relay | 2.00 sec | 4.80 sec | 6.40 sec |
| 800 or 1000 | 5.00 sec | 10.00 sec | 15.00 sec |
| 1500 or 1650 | 11.00 sec | 23.00 sec | 32.50 sec |

Subtract the time indicated above from the actual time achieved at that altitude. This is the time to be used on the entry form and seeding will be based on that time. Information relative to the adjustment must be shown in a separate statement accompanying the entry form. This statement must include the name of the swimmer, event, date of performance, elevation location, actual time, corrected time, and signature of coach or person certifying the entry.

ARTICLE 304

CODE OF CONDUCT

304.1 The mission of USA Swimming is to encourage participation and the pursuit of excellence in all aspects of swimming. USA Swimming grants the privilege of membership to individuals and organizations committed to that mission. The privilege of membership may, therefore, be withdrawn or denied by USA Swimming at any time where USA Swimming determines that a member or prospective member's conduct is inconsistent with the mission of the organization or the best interest of the sport and those who participate in it.

In order to assist all members to better serve the interests of those who participate in swimming, USA Swimming has adopted this Code of Conduct.

304.2 Any member or prospective member of USA Swimming may be denied membership, censured, placed on probation, suspended for a definite or indefinite period of time with or without terms of probation, fined or expelled from USA Swimming if such member violates the provisions of the USA Swimming Code of Conduct, set forth in 304.3, or aids, abets or encourages another person to violate any of the provisions of the USA Swimming Code of Conduct.

304.3 The following shall be considered violations of the USA Swimming Code of Conduct:

- .1 Violation of the right to compete provisions set forth in Sections 301.1 through 301.4.
- .2 Violation of the anti-doping provisions set forth in Sections 303.3 or 303.4.
- .3 Discrimination in violation of Part Five of the USA Swimming Corporate Bylaws or any other section of the USA Swimming Rules and Regulations, or in violation of Section 201(b)(6) of the Amateur Sports Act which requires that USA Swimming must provide: "an equal opportunity to amateur athletes; coaches, trainers, managers, administrators, and officials to participate in amateur athletic competition, without discrimination on the basis of race, color, religion, age, gender, or national origin".
- .4 Conviction of, imposition of a deferred sentence for, or any plea of guilty or no contest at any time, past or present, or the existence of any pending charges, for (i) any felony, (ii) any offense involving use, possession, distribution or intent to distribute illegal drugs or substances, or (iii) any crime involving sexual misconduct.
- .5 Any inappropriate sexually oriented behavior or action directed towards a member by any other adult participating in any capacity whatsoever in the affairs or activities of USA Swimming or its LSC's (whether such adult is a member or not). Any nonconsensual physical sexual conduct or pattern of unwelcome advances or other sexual harassment in connection with or incidental to a USA Swimming-related activity by any person participating in the affairs or activities of USA Swimming or its LSC's (whether such person is a member or not) directed toward any member or other person participating in the affairs or activities of USA Swimming or its LSC's. (effective September 27, 2008)

.6 The sale or distribution of illegal drugs or the illegal sale or distribution of any substance listed on FINA's recognized list of banned substances.

.7 The use of illegal drugs in the presence of an athlete, by a coach, official, trainer, or a person who, in the context of swimming, is in a position of authority over, that athlete.

.8 The providing of alcohol to an athlete by a coach, official, trainer, manager or any other person where the athlete is under the legal age allowed to consume or purchase alcohol in the state where the alcohol is provided.

.9 The abuse of alcohol in the presence of an athlete under the age of 18, by a coach, official, trainer of, or a person who, in the context of swimming, is in a position of authority over, that athlete.

.10 Physical abuse of an athlete by any person who, in the context of swimming, is in a position of authority over that athlete;

.11 Any act of fraud, deception or dishonesty in connection with any USA Swimming-related activity.

.12 Any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards any meet official and which is related to any decision made by such official in connection with a USA Swimming-sanctioned competition.

.13 Action, other than through general advertising, by a coach, owner, officer, volunteer, representative, or employee of a swim club, or a USA Swimming or LCS employee, either through direct contact with an athlete or the encouragement of others, to recruit or otherwise encourage an athlete who is already a member of a USA Swimming member swim club to leave that club, unless the acting party receives prior written approval to recruit or encourage the athlete to change affiliation from the designated club representative of the athlete's existing USA Swimming-member swim club or contact is initiated by the athlete, the athlete's parent or authorized representative. General advertising includes any information that is:

A. Distributed to an identifiable general population where there is a reasonable expectation that the majority of that population are not current members of USA Swimming, or

B. Placed in or on any item that is sold.

In the event of a violation of this section, a sanction may be imposed against any coach, owner, officer, volunteer, representative or employee of a swim club, or against any such club, or any combination thereof, as appropriated.

.14 Violation of any team misconduct rule as established by the USOC, USA Swimming, any Zone or LSC team authority;

.15 Any other material and intentional act, conduct or omission not provide for above, which is detrimental to the image or reputation of USA Swimming, a LSC or the sport of swimming.

COLORADO SWIMMING MEMBER CLUBS AND ORGANIZATIONS

Year Round

Name – Club Code- Zone

ACES SWIM CLUB – ACES – 2

% Eric Craven
7224 S Olive Way
Centennial, CO 80112
303-741-1733
accesswimming@msn.com

AQUAWOLVES - AQUA - 2

% Sean Hatzenbuehler
10041 E 26th Ave
Denver, CO 80238
303-638-9736
aquawolves.sean@yahoo.com

ASPEN SPEEDOS – ASP- 4

% Elaine Gerson
716 W Buttermilk Rd
Aspen, CO 81611
970-925-4638
emgerson@yahoo.com

AURORA TSUNAMI SWIM TEAM – ATST- 2

% Kevin Baldermann
3308 S Nepal Way
Aurora, CO 80013
720-275-8459
kcbaldermann@aps.k12.co.us

BRIGHTON BULLFROGS - BB - 2

% Kim Heim
16102 Hi Land Cir
Brighton, CO 80602
303-637-0870
rkchnheim@comcast.net

BOULDER SWIMMING - BLDR - 2

% James Richey
P O Box 1108
Boulder, CO 80306
720-244-1153
swimboulder@gmail.com

COLORADO ATHLETIC CLUB - CAC -2

% Alexis Keto
374 Inverness Pkwy
Englewood, CO 80112
720-895-0914
aketo@wellbridge.com

CLEAR CREEK OTTERS – CCO -2

% Laura Allen
P O Box 1149
Idaho Springs, CO 80452
303-567-48-22
programs@wispertel.net

CHEYENNE MOUNTAIN AQUATICS – CMA - 5

% Joe Novak
P O Box 60177
Colorado Springs, CO 80960
719-633-6184
josephbnovak@aol.com

COLORADO RAPIDS SWIM TEAM - CRST - 2

% Rich Le Duc
2029 Fairfax St
Denver, CO 80207
720-931-6712
rleduc@denverathleticclub.org

COLORADO SWIM ACADEMY – CSA – 2

% Jay Weerman
4330 Thorndyke Pl
Broomfield, CO 80020
303-920-8396
csaswim2win@msn.com

COLORADO SPRINGS SPORTS COPR – CSSC -5

% Doug Martin
1631 Mesa Ave Ste E
Colorado Springs, CO 80906
719-624-733
doug@thesportscorp.org

COLORADO SPRINGS SWIM TEAM - CSST - 5

% Mike Doane
P O Box 1556
Colorado Springs, CO 80901
719-634-0270
msdoaner@msn.com

COLORADO TOPPEDOES – CT- 5

% Roy Chaney
930 Brighton Way
Colorado Springs, CO 80906
719-538-0317
coachroy@coloradotorpedoes.com

BROOMFIELD BARRACUDAS - CUDA - 2

% Kathy Jaschke
P. O. Box 120
Broomfield, CO 80038
303-464-1167
cudacash@comcast.net

COLORADO WAVE – CW – 2

% Kenneth Kelley
6464 Holland Cir.
Arvada, CO 80004
303-421-4256

DENVER DUKES

% Sean Gray
1127 Auraria Pkwy # 302B
Denver, CO 80204
720-219-8278
segprkhll@aol.com

DURANGO SWIM CLUB – DGO - 4

% John Gadbois
P O Box 1095
Durango, CO 81302
970-769-8369
Jgrad17@netzero.net

SWIM DOGS – DOGS- 2

% Mark Johnston
9262 E Eastman Pl
Denver, CO 80231
303-887-3930
coach@swimdogs.net

ESTES PARK SWIM CLUB - EPSC - 1

% Bill Walters
P O Box 3992
Estes Park, CO 80517
970-586-2107
billwalt@beyondbb.com

EVERGREEN SWIM TEAM - EVER - 2

% Jeff Armstrong
P O Box 62
Evergreen, CO 80437
303-674-6441
Jarm003@yahoo.com

FT COLLINS AREA SWIM TEAM - FAST - 1

% Bill Spahn
1112 Oakridge Dr
Unit 104
Fort Collins, CO 80525
970-482-2690
bill@fortcollinsareaswimteam.org

FALFINS SWIMMING – FLFN - 5

% Lori Shumate
P O Box 62567
Colorado Springs, CO 80962
719-594-6581
officemgr@falfins.org

FOOTHILLS SWIM TEAM - FST - 2

% Eric Eikenbary
P.O. Box 27007
Denver, CO 80227
303-988-7060
eric@foothillsswimteam.com

GRAND JUNCTION DOLPHINS - GJD - 4

% Terri Hermes
658 Faircloud Way
Grand Junction, CO 81504
970-260-8459
gjdolphins@yahoo.com

GREENWOOD TIGER SHARKS - GTS - 2

% Scott Cummins
5801 S Quebec St
Greenwood Village, CO 80111
303-770-2582
scottc@greenwoodathleticclub.com

GRAND VALLEY WAVE - GVW - 4

% Ellie Lenhart
P O Box 569
Fruita, CO 81521
970-250-9617
Wakeup4am@yahoo.com

HIGHLANDS RANCH AQUATICS-HRA-2

% Matt Beck
8801 S Broadway Blvd
Highlands Ranch, CO 80126
303-471-8942
TEXBECK25@aol.com

LONGMONT SWIM CLUB - LONG - 1

% Randy Lis
P O Box 353
Longmont, CO 80502
303-875-4309
randylis@clarionmortgage.com

LOVELAND SWIM CLUB - LOVE - 1

% Susan von der Lippe
1507 Ridgecrest Dr
Loveland, CO 80537
970-669-2750
lscboltz@mindspring.com

MISSION AURORA COLO SWIMMING - MACS - 2

% Andrew Niemann
19951 E Radcliff Pl
Centennial, CO 80015
303-693-1252
swimmacsco@gmail.com

MONTROSE MARLINS - MM - 4

% Cindy Sperling
P O Box 1395
Montrose, CO 81402
970-596-7274
winsling@rocketweb.net

MOUNTAIN SWIM LEAGUE

% Anthony Boettcher
2803 Parker St
Colorado Springs, CO 80907
719-210-8047
anthonyb@falpins.org

NORTHERN COLORADO SWIMMING - 1

% Linda Seckinger
5 Cherry
Eaton, CO 80615
970-454-3697
Lseckinger@aol.com

NORTH JEFFCO SWIM CLUB - NJ - 2

% Evelyn Brown
P O Box 746396
Arvada, CO 80006
jeaebrown@comcast.net

PARKER PHENOMENA - PARK - 2

% Sheli Hemming
P O Box 3735
Parker, CO 80134
303-646-6455
Headcoach@swimtlc.com

PUEBLO COUNTY SWIM TEAM - PCST - 3

% Dan Radiff
P O Box 11462
Pueblo, CO 81001
719-583-8152
Highhurdle7@hotmail.com

PLATTE CANYON SWIM CLUB - PLAT 2

% Michelle Barry
P O Box 1021
Bailey, CO 80421
303-838-2361
m_and_m@q.com

PIKES PEAK SWIM LEAGUE - 5

% Terry Martinez
1885 Manning Way
Colorado Springs, CO 80919
719-268-1885
Terry@martinezcollective.net

PUEBLO SWIM CLUB - PSC - 3

% Tim Howard
2 Reservoir Dr
Pueblo, CO 81005
719-561-1316
thswimming@comcast.net

PUEBLO WEST SWIM CLUB- PWSC-3

% Chris Beauchamp
111 N Bumgardner Dr
Pueblo West, CO 81007
719-542-4602
bndhunting@yahoo.com

RALLYSPORT AQUATIC CLUB - RACE - 2

% Grant Holicky
2727 29th Street
Boulder, CO 80301
303-449-4800
gholicky@yahoo.com

RIPTIDE MULTISPORTS -RIP - 2

% Sean Wendt
P O Box 1983
Arvada, CO 80001
303-859-5334
riptideswim@mywdo.com

ROCKY MOUNTAIN THUNDER - RMT - 2

% Brent Bergstedt
978 Northridge Ct
Golden, CO 80401
720-280-8946
rmtswimming@gmail.com

CASTLE ROCK SWIMMING - ROCK - 2

% Mike Novell
495 Scott Blvd
Apt 208
Castle Rock, CO 80104
602-326-1060
mike@mikenovell.com

ROCKY MOUNTAIN RAPIDS - RPDS - 5

% Barry Funk
P O Box 62485
Colorado Springs, CO 80962
719-310-7942
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SOUTHEASTERN COLO. SWIM LEAGUE - 3

% Chris Beauchamp
111 N Bumgardner Dr
Pueblo West, CO 81007
719-542-4602
bndhunting@yahoo.com

SOPRIS BARRACUDA SWIM TEAM - SOPR - 4

% Jessica Hood
 271 CR 119
 Glenwood Springs, CO 81601
 970-948-8637
jessicahood@yahoo.com

COLORADO STARS - STAR - 2

% Todd Schmitz
 3770 S Genoa Cir
 Unit C
 Aurora, CO 80013
 720-272-3146
starstodd@aol.com

SWIM TEAM PUEBLO – STP – 3

% Caroline DiDomenico
 4808 Cedarweed Blve
 Pueblo, CO 81001
 719-542-0159
swimteampueblo@msn.com

SUMMIT COUNTY SWIM TEAM - SUM - 4

% Jeff Stone
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 Frisco, CO 80443
 970-389-4480
summitswimming@gmail.com

SUBURBAN SWIM LEAGUE - 2

% Ken Kelley
 6464 Holland Cir
 Arvada, CO 80004
 303-421-4256

UNIVERSITY OF DENVER HILLTOPPERS – TOPS-2

% Shawn Smith
 2201 E Asbury Ave.
 Denver, CO 80208-0320
 303-871-4484
shawsmi@du.edu

VILLAGE SEVEN SWIM TEAM - V-7 -5

% Rose Rook
 6065 Templeton Gap
 Colo. Springs, CO 80918
 719-597-3411
poolady28@aol.com

TEAM VORTEX - VOTX - 1

% Jackie Charlesworth
 P.O. Box 249
 Ft. Collins, CO 80522
 970-443-9403
coachjackie@teamvortex.org

VALLEY SWIM TEAM – VST - 1

% Mandy Hammond
 2176 Cape Hatteras Dr
 Unit 2
 Windsor, CO 80550
 970-217-9846
mandalynnhammond@yahoo.com

EATON RED WAVES - WAVE - 1

% Sharon Kurz
 P O Box 150
 Eaton, CO 80615
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WOODMOOR WAVES – WOOD - 5

% Ross Hedrick
 4784 Shadowglen Dr
 Colorado Springs, CO 80918
 720-252-7797
wavescoach@gmail.com

WESTERN SLOPE LEAGUE

% Gordon Gerson
 716 W Buttermilk Rd
 Aspen, CO 81611
 970-925-4638
gmgerson@comcast.net

Season 1 Clubs

Name – Club Code - Zone

CANON CITY SWIM CLUB - CAN - 3

% Cindy Lamanna
 P O Box 194
 Canon City, CO 81215
 719-275-3515

COLORADO CITY SWIM TEAM – CCST – 3

% Samantha Davenport
 P O Box 19625
 Colorado City, CO 81019
 719-676-3877
eraphira@ghvalley.net

CORTEZ LEOPARD SHARKS - COR - 4

% Tom Rice
 13095 CR 26
 Cortez, CO 81321
 970-565-7070
mcrice@fone.net

CRAIG SEASHARKS - CRAG - 4

% Sherry Kurz
 P O Box 818
 Craig, CO 81626
 970-824-9657
kurzclan@nctelecom.net

COLORADO SPRINGS RACQUET CLUB - CSRC - 5

% Kathy Chewakin
5641 Old Farm Cir E
Colorado Springs, CO 80917
719-591-1187
chewakin@msn.com

DELTA COUNTY BARRACUDAS - DELT - 4

% Susan Barnosky
P O Box 1005
Delta, CO 81416
970-856-7268
deltabarracudas@tds.net

GUNNISON STINGRAYS - GUN - 4

% Susan Barrett
73 Cottonwood Trail
Gunnison, CO 81230
970-641-276
sbbarrett@pcrs.net

LAMARLINS - LAM - 3

% Jeff Schemahorn
P.O. Box 49
Lamar, CO 80502
719-336-5450
schemahorns@yahoo.com

LAS ANIMAS TROFIN - LAS - 3

% Bryan Simmons
12250 Rd FF.75
Las Animas, Co 81054
719-456-0334
bsimmons@fnblasanimas.com

LA JUNTA TIGER SHARKS - LJ - 3

% George Jones
2111 Belleview Ave
La Junta, CO 81050
719-384-8386
oldmaninlj@hotmail.com

MARLIN SWIM TEAM - MST - 1

% Randy Watson
501 Euclid St
Fort Morgan, CO 80701
970-867-4601
randy.watson@morgancc.edu

OURAY SWIM CLUB - OURY - 4

% Sue Lorimer
P.O. Box 32
Ouray, CO 81427
970-325-7311
suelorimer@ouraynet.com

PAGOSA LAKES SWIM CLUB – PAGO - 4

% Stephen Williams
305 Snow Cir
Pagosa Springs, CO 81147
970-731-9466
swilliams@ra-ae.com

RANGELY HURRICANES - RANG - 4

% Beth Scoggins
611 S. Stanolind Ave
Rangely, CO 81648
970-675-5721
scoggins@centurytel.net

ROCKY FORD BLUE MARLINS - RF - 3

% Joyce Lobato
600 Willow
Rocky Ford, CO 81067
719-254-6329
Joyce.lobato@rockyford.k12.co.us

ROCKRIMMON SWIM TEAM – RR- 5

% Kent Christy
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Colorado Springs, CO 80919
719-593-1966
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SALIDA CYCLONES – SALC- 3

% Brad Love
P O Box 271
Salida, CO 81201
719-539-6983
snblove@msn.com

STEAMBOAT SPRINGS SWIM TEAM – SSST- 4

% Brad Piske
P O Box 772117
Steamboat Springs, CO 80477
970-870-6492
steamboatsurfer@comcast.net

TELLURIDE TORPEDOES - TELL - 4

% Alissa Schoff
P O Box 397
Telluride, CO 81435
970-728-9733
aschoff@telluride-co.gov

VALLEY SWIM CLUB – VALC – 5

% Terry Martinez
1885 Manning Way
Colorado Springs, CO 80919
719-268-1885
terry@martinezcollective.net

Season 2 Clubs

Name – Club Code - Zone

BOULDER SWIMMING ACADEMY- BSA - 2

% Tiffany Forbes
4767 White Rock Cir Apt D
Boulder, CO 80301
303-516-9256
tafswim@comcast.net

CORTEZ LEOPARD SHARKS - COR - 4

% Tom Rice
13095 CR 26
Cortez, CO 81321
970-565-7070
mcrice@fone.net

DELTA COUNTY BARRACUDAS - DELT - 4

% Susan Barnosky
P O Box 1005
Delta, CO 81416
970-856-7267
deltabarracudas@tds.net

PAGOSA LAKES SWIM CLUB – PAGO - 4

% Stephen Williams
305 Snow Cir
Pagosa Springs, CO 81147
970-731-9466
swilliams@ra_ae.com